






Campus1 menu

Week 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!	Cage Free Eggs! Your way; all day, every day!
	Scrambled Eggs	Western Scrambled Eggs	Cheddar Scrambled Eggs	Salsa Scrambled Eggs	Scrambled Eggs Florentine	Scrambled Eggs	Cheddar Scrambled Eggs
	Crispy Bacon	Breakfast Ham	Sausage Links	Turkey Bacon	Fried Bologna	Peameal Bacon	Sausage Patties
	Home fries, Pancakes w/ Maple Syrup	Home fries, Waffles Maple Syrup	Home fries, French Toast Maple Syrup	Home fries, French Dip Waffles, Maple Syrup	Home fries, Blueberry Pancakes Maple Syrup	Home fries, Cinnamon French Toast, Maple Syrup	Home fries, Chocolate Chip Pancakes Maple Syrup
	Oatmeal (Vegan)	Oatmeal (Vegan)	Oatmeal/ Topping bar	Oatmeal (Vegan)	Oatmeal (Vegan)	Oatmeal (Vegan)	Oatmeal/Topping Bar
	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins	Fresh Baked Mini Muffins
	Fresh Baked Danish	Fresh Baked Danish	Fresh Baked Danish	Fresh Baked Danish	Fresh Baked Danish	Fresh Baked Danish	Fresh Baked Danish
	Mini Croissant	Mini Croissant	Mini Croissant	Mini Croissant	Mini Croissant	Mini Croissant	Mini Croissant
	Whole fresh fruit	Whole fresh fruit	Whole fresh fruit	Whole fresh fruit	Whole fresh fruit	Whole fresh fruit	Whole fresh fruit
	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit
	Assorted Bagels & Breads	Assorted Bagels & Breads	Assorted Bagels & Breads	Assorted Bagels & Breads	Assorted Bagels & Breads	Assorted Bagels & Breads	Assorted Bagels & Breads
	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals	Cold Cereals
	Chilled Juices, Milk	Chilled Juices, Milk	Chilled Juices, Milk	Chilled Juices, Milk	Chilled Juices, Milk	Chilled Juices, Milk	Chilled Juices, Milk
	Coffee & Tea	Coffee & Tea	Coffee & Tea	Coffee & Tea	Coffee & Tea	Coffee & Tea	Coffee & Tea
	<u>Vegetarian Entrée</u>	<u>Vegetarian Entree</u>	<u>Vegetarian Entree</u>	<u>Vegetarian Entree</u>	<u>Vegetarian Entree</u>	<u>Vegetarian Entree</u>	<u>Vegetarian Entree</u>
Swiss Chard and Quinoa Breakfast Bowl	Tofu Breakfast Tacos	Roasted Root Vegetable, Thyme and Feta Breakfast Casserole	Egg White, Peppers and Cheddar Cheese Breakfast Burrito	Akoori (Indian Scrambled Eggs)	Southwest Potato Breakfast Hash	California Breakfast	
	Chef's Soup Of the Day	Louisiana Chicken Rice Soup	Corn Chowder	Thai Beef Soup	Mushroom Barley Soup	French Onion Soup	Chef's Soup Of the Day
	Vegan: Black Bean Soup	Vegan: Rustic Lentil Soup	Vegan: Carrot Ginger Soup	Vegan: Roasted Red Pepper Bisque	Vegan:Vegetable Soup	Vegan: Roasted Potato Soup	Vegan: Kale and Chickpea Soup
	Customised Sandwich	Customised Sandwich	Customised Sandwich	Customised Sandwich	Customised Sandwich	Customised Sandwich	Customised Sandwich
LUNCH 	<i>Breakfast Burrito Station</i>	<i>Beef Vindallo</i>	<i>Chicken Stir-Fry</i>	<i>Sauted Perogy Bowl</i>	<i>General Tao Chicken</i>	<i>Pan Fried Haddock Filet</i>	<i>Gourmet Grilled Cheese Station</i>
	farm Fresh Eggs, Shredded Cheese, Flour Tortillas, Vegetables, Salsa and refried beans	Basmati Rice	Farm Fresh Vegetables, Julienne Chicken Breast, Sweet Thai Chili Sauce	Caramelized Onion, Spinach & Roasted Cauliflower	Coconut Rice, Sesame Broccoli	Local French Fried Potato	Grilled Vegetable grilled Cheese, Grilled Mozzarella & Pesto grilled Cheese
		Fresh Broccoli Florets	Shanaghai Noodles	Sour Cream Drzle	Vegetable Spring Roll	Coleslaw & Tartar sauce	Spicy Nacho Grilled Cheese
	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>	<u>Pizza By the Slice</u>
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	California Pizza	Philly Cheese Steak Pizza	Tropical Ham & Pineapple Pizza	Broccoli and Cheddar Pizza	enoa Salami & Caramelized Onion Piz	Meat Lovers Pizza	Chicken Pesto and Mushroom Pizza
	Mushroom and Goat Cheese Pizza	Tuscan Vegetarian Pizza	Three Cheese Alfredo Pizza	Mushroom and caramelized Onion Piz	Garlic Fingers Pizza	Mediterranian Greek Pizza	Roasted Vegetable Pizza
	Four Cheese Pizza	Four Cheese Pizza	Four Cheese Pizza	Four Cheese Pizza	Four Cheese Pizza	Four Cheese Pizza	Four Cheese Pizza
	<u>Station Sides</u>	<u>Station Sides</u>	<u>Station Sides</u>	<u>Station Sides</u>	<u>Station Sides</u>	<u>Station Sides</u>	<u>Station Sides</u>
	Baby Green Salad	Baby Green Salad	Baby Green Salad	Baby Green Salad	Baby Green Salad	Baby Green Salad	Baby Green Salad
	Pasta Salad Creation	Pasta Salad Creation	Pasta Salad Creation	Pasta Salad Creation	Pasta Salad Creation	Pasta Salad Creation	Pasta Salad Creation
	Vegan Burger	Vegan Burger	Vegan Burger	Vegan Burger	Vegan Burger	Vegan Burger	Vegan Burger
	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich	Grilled Cheese Sandwich
	French Fries	Potato Wegdes	Poutine	Onion Rings	Sweet Potato Fries	French Fries	Hand Cut Local Fries
	<u>Feature</u>	<u>Feature</u>	<u>Feature</u>	<u>Feature</u>	<u>Feature</u>	<u>Feature</u>	<u>Feature</u>
	Beef Donair, Pita, Tomato, Onion & Donair sauce	Argentinian Chimichurri Burger	Avocado Toast with Tomato, Peas, Sunflower seeds and Baby Arugula	Breaded Chicken Nuggets with Dipping Sauces	Southwest Turkey Burger	Battered Haddock w/Tartar Sauce	Blue Cheese & Onion Jam Burger

	Salad Bar Creation	Salad Bar Creation	Salad Bar Creation	Salad Bar Creation	Salad Bar Creation	Salad Bar Creation	Salad Bar Creation
	(Featuring Local Produce)	(Featuring Local Produce)	(Featuring Local Produce)	(Featuring Local Produce)	(Featuring Local Produce)	(Featuring Local Produce)	(Featuring Local Produce)
	Featured salads:	Featured salads:	Featured salads:	Featured salads:	Featured salads:	Featured salads:	Featured salads:
	<ul style="list-style-type: none"> Orange and Fennel Salad Pickled Vegetable Salad 	<ul style="list-style-type: none"> Indian-Style Chickpea & Potato salad Apple Raisin Couscous Salad 	<ul style="list-style-type: none"> Farro Vegetable Salad Beet Root Salad 	<ul style="list-style-type: none"> Red Quinoa, Portobello, Corn Salad Brazilian Potato Salad 	<ul style="list-style-type: none"> Red Cabbage Salad Moroccan Couscous Salad 	<ul style="list-style-type: none"> Lo Mein Salad Broccoli Stem Slaw 	<ul style="list-style-type: none"> Quinoa Tabbouleh Salad Sesame Noodle, Bean and Carrot Salad
Customized Salad Creation	Customized Salad Creation	Customized Salad Creation	Customized Salad Creation	Customized Salad Creation	Customized Salad Creation	Customized Salad Creation	Customized Salad Creation
"Veggie Chicken WW Spaghetti Pasta with Marinara Sauce"	Penne Alfredo	Spanish Macaroni & Cheesewith Chorizo Sausage	Fusilli Lentil Mushroom Bolognese	Salsa Verde Chicken Penne Pasta	Fettuccini Pasta with Roma Garden Sauce	Spicy Sausage Rigatoni Pasta	
Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad
Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick
Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Carved Roast Beef	Spaghetti & Meatballs	Chicken Fricassee	Pesto Crusted Pork Loin Roast w/Rosemary Peppercorn Jus	Chicken Calypso w/ Korean BBQ Sauce	"Shrimp & Chips"	Sweet & Sour Popcorn Chicken Rice Bowl
	Caramelized Onion Potato, Yellow Beans	Kale Caesar Salad	Herbed Rice Pilaf	Seven Grain Mushroom Rice Pilaf	Korean Scallion Pancakes	Golden Fried Shrimp, Fresh Local French Fries	Garlic Rice
Beef Gravy	Garlic Baguette	Sauteed Broccoli Rabe	Medley of Season Vegetables	Braised Bok Choy	Coleslaw & Tartar Sauce	Green Onion	
	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Fettuccine in Creamy Mushroom and Sage Sauce	Rotini Pasta with sauted Kale, Chorizo & Grape Tomatoes	Whole wheat Spaghetti with Smoked Ham & Alfredo Sauce	Pasta with Chicken and Pomodoro Sauce	Lemon Coconut Thai Pasta	Cheese Tortellini with Italian Sausage	Whole wheat Penne Pasta with Arrabbiata Sauce
	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad	Caesar Salad
	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick	Garlic Bread Stick
Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	Parmesan Cheese	
	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit	Whole Seasonal Fresh Fruit
	Chocolate Marshmallow Squares	Pumpkin Spice Cake	French Silk Chocolate Pie	Stirling Farms Apple Pie	Berry Bread Pudding	Coconut Cream Pie	Fudge Brownies
	Caramel Pear Crisp	Hot Caramel Cake Dessert	Blueberry Cake	Warm Chocolate Pudding cake	Chocolate Sugar Cookies	Carrot Cake with Cream cheese Icing	Peach and Raisin Crisp
	Chocolate Pudding	Vanilla Pudding	Butterscotch Pudding	Lemon Pudding	Banana Pudding	Coconut Cream Pudding	Butterscotch Pudding
	Wild Cherry Jello	Orange Jello	Lime Jello	Grape Jello	Peach Jello	Raspberry Jello	Strawberry Jello
	Gluten Free Dessert (1)	Gluten Free Dessert (1)	Gluten Free Dessert (1)	Gluten Free Dessert (1)	Gluten Free Dessert (1)	Gluten Free Dessert (1)	Gluten Free Dessert (1)
	Regular Coffee	Regular Coffee	Regular Coffee	Regular Coffee	Regular Coffee	Regular Coffee	Regular Coffee
	Decafe Coffee	Decafe Coffee	Decafe Coffee	Decafe Coffee	Decafe Coffee	Decafe Coffee	Decafe Coffee
	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
	Soda Pop	Soda Pop	Soda Pop	Soda Pop	Soda Pop	Soda Pop	Soda Pop
	The	The	The	The	The	The	The

Subject to Product and Market Availability